BABCP 36th Annual Conference, 17th – 19th July 2008, University of Edinburgh, Scotland, UK

Erratum & Addendums - Scientific Programme

General Notifications
All clinical roundtables and panel debates do not have scheduled coffee breaks. The convenor or chair will notify you before the session starts if there will be a coffee break. Morning clinical roundtable and panel debate sessions will run from 9.00-11.15. Afternoon clinical roundtables and panel debate sessions will run from 13.30 – 15.30.

Thursday 17th July 2008
Symposium 1 – change in discussant and presenter
Lecture Theatre 8, William Robertson Building
Reactive Depression isn’t a Mood Disorder, It’s a Motivational Disorder
Chair & Discussant: Mark Freeston, Newcastle Cognitive Behaviour Therapy Centre, UK
9.00 Goal Investment Model for treating reactive depression
Peter Armstrong, Tees, Newcastle Cognitive Behaviour Therapy Centre, UK
Symposium 5 – change in discussant
Lecture Theatre F21, Psychology Department
New Developments in HIV & Sexual Health
Discussant: John Green, St Mary’s Hospital & CNWL Foundation Trust, UK
Symposium 8 – change in presenter
Faculty Room South, David Hume Tower
Preconditions for Therapeutic Interventions with People with Intellectual Disabilities
Convenor & Chair: Doug Julian Hare, University of Manchester, UK
9.20 Understanding of real and non-real experiences in people with intellectual disabilities
Doug Julian Hare, University of Manchester, UK
Symposium 9 – change in order of presentations
Lecture Theatre 1, Appleton Tower
Trauma and Memory: How to Link Cognitive and Clinical Science
Convenor & Chair: Elke Geraerts, University of St. Andrews, UK
9.00 Emily Holmes, University of Oxford, UK
9.20 Tim Dalgleish, MRC Cognition and Brain Sciences Unit, Cambridge, UK
9.40 Coffee
10.00 Iris M. Engelhard, Utrecht University, The Netherlands
10.20 Elke Geraerts, University of St. Andrews, UK
Treatment of PTSD: A comparison of imaginal exposure with and without imagery rescripting
Arnoud Arntz, Maastricht University, The Netherlands
Panel Debate 1 – change in presenter
Faculty Room North, David Hume Tower
What is 'Decentering' within CBT and How does It Work?
Chair: Nick Grey, Centre for Anxiety Disorders and Trauma, South London and Maudsley NHS Foundation Trust, UK
Convenor: Warren Mansell, University of Manchester, UK
Replacement speaker: Lance McCracken, Pain Management Unit & Bath Centre for Pain Services, University of Bath, UK
Symposium 20 – change in titles
Lecture Theatre 4, Appleton Tower
Developmental and Interpersonal Factors in the Prodrome, Individual Adaptation, and Recovery from Psychosis
Convenor & Chair: Matthias Schwannauer, University of Edinburgh, UK
Discussant: Andrew Gumley, University of Glasgow, UK
13.30 Understanding adolescent risk taking behaviour and how it relates to social and developmental processes
Nicola Cogan, University of Edinburgh, UK
13.50 Exploring reflective function in recovery from adolescent-onset psychosis
Christine Braehler, University of Edinburgh, UK
14.10 The interpersonal self in adolescent-onset psychosis: A grounded theory analysis
Emily Taylor, NHS Lothian Primary Care Division, UK
14.30 Coffee
14.50 Service user and staff perspective on recovery in psychosis: Talking the same language?
Wendy Street, University of Glasgow, UK
15.10 Service users’ construction of relapse experiences in psychosis: A grounded theory approach
Hayley Veitch, University of Glasgow, UK
Poster Session 1
17. Cognitive Distortions in Anxiety and Depression in a Non-clinical Sample: Implications for Cognitive-Behavioural Prevention Programs
Sirous Mobini, University of East Anglia & University of Sussex, UK
Keynote Speaker – change in chair
Professor David M Clark
Institute of Psychiatry, King’s College London, UK
Cognitive Therapy for Anxiety Disorders: From Science to Practice
Chair: S. J. Rachman, University of British Columbia, Canada
Friday 18th July 2008
Symposium 27 – change in presenter
Lecture Theatre F21, Psychology Department
Psychological Aspects of Gastroenterological Problems
Convenor & Chair: Jane Hutton, King’s College Hospital & South London & Maudsley NHS Foundation Trust, UK
10.10 Patients’ experiences of the referral process for psychological intervention for irritable bowel syndrome
Jane Hutton, King’s College Hospital & South London & Maudsley NHS Foundation Trust, UK
Symposium 28 - change in presenters
Lecture Theatre 8, William Robertson Building
Techniques and Processes in Working with Multi-problem Families: Two Sides of the Same Coin
Convenor & Chair: Crispin Day, South London & Maudsley NHS Trust & Institute of Psychiatry, King’s College London, UK
9.00 Working with high risk families: Evidence from qualitative research about process and skills
Arita Strader, University of Warwick, UK
10.35 Working with multi-problem families: An example from clinical practice
Kellie Cullen, Kummara Association, Brisbane, Australia
Symposium 33 – change in order and times of presentations
Lecture Theatre 5, Appleton Tower
Mechanisms Underlying the Suppression of Unwanted Memories and Their Clinical Implications
Convenor & Chair: Michael Anderson, University of St. Andrews
9.00 Neural systems underlying the control of intrusive memories
Michael Anderson, University of St. Andrews
9.35 Dissociable neurocognitive mechanisms underlie the forgetting of unwanted memories
Alan Richardson-Klavohn, University of Magdeburg, Germany
10.05 Forgetting emotionally negative words and interpretations with a little help from thought substitutes
Paula Hertel, Trinity University, USA
Symposium 37 – change in order of presentations
Lecture Theatre 4, Appleton Tower
Attentional Bias and Anxiety: From Basic Science to Clinical Practice
Convenor: Ernst Koster, Ghent University, Belgium & Matt Garner, University of Southampton, UK
Chair: Ernst Koster, Ghent University, Belgium
Discussant: Marcel van den Hout, University of Utrecht, The Netherlands
13.30 An Raes, Ghent University, Belgium
Symposium 41: change in presenter

Creating Capacity for CBT within CAMHS in the North East
Convener: Mark Freeston and Jenny Shannon, Newcastle
Cognitive and Behavioural Therapies Centre, UK
Chair: Allan Brownrigg, Northumbria University, UK

An overview of the development and delivery of a CAMHS specific CBT course
Mark Freeston, Newcastle Cognitive and Behavioural Therapies Centre, UK

Symposium 45 – change in order of presentations

Lecture Theatre 5, Appleton Tower
The Importance of Understanding Control in CBT: Method of Care model; initial outcomes and challenges
Esther Cohen-Tovee, Lorna Cameron, Lesley Maunder, Paul Perry

Coffee

Symposium 4 – change in order of presentations

Seminar Room B21, Psychology Department
Qualitative Studies in Therapeutic Approaches and Formats
Chair: Sara Tai, University of Manchester & Greater Manchester West Mental Health NHS Trust, UK
Chris Spratt, NHS Fife, Scotland, UK
Chris Spratt, NHS Fife, Scotland, UK
Sara Tai, University of Manchester & Greater Manchester West Mental Health NHS Trust, UK

Open Papers 4 – change in order of presentations

Seminar Room B21, Psychology Department
Open Papers 4 – change in order of presentations
Q249: Open Papers 4 – change in order of presentations
Q229: Open Papers 4 – change in order of presentations
Q229: Open Papers 4 – change in order of presentations
Q249: Open Papers 4 – change in order of presentations

Open Papers 4 Service redesign to improve access to CBT using a Stepped Care model; initial outcomes and challenges
Esther Cohen-Tovee, Lorna Cameron, Lesley Maunder, Paul Perry, NTW Mental Health Trust, UK

Coffee

Open Papers 4 Development of the approach and initial findings
Giselle Brook, Sheffield Care Trust, UK

Symposium 52 – change in order of presentations

Lecture Theatre 3, Appleton Tower
Cognitive Processes in Acute and Chronic Pain: Drawing Inspiration from Experimental and Clinical Work
Convenor: Chair: Nicole Tang, Institute of Psychiatry, King’s College London, UK
Nicole Tang, Institute of Psychiatry, King’s College London, UK

Coffee

Symposium 60

Lecture Theatre 3, Appleton Tower
Slumber in the Land of Pain: Trouble Sleeping Across Chronic Medical Conditions
Convenor & Chair: Nicole Tang, Institute of Psychiatry, King’s College London, UK

Are pain outcomes following CBT for chronic insomnia influenced by anxiety and depression?
CM Gasgoine & Kevin Morgan, Clinical Sleep Research Unit, Loughborough University, UK; Maureen Tomeny, Nottinghamshire Healthcare Trust, UK

While experimental and epidemiological evidence suggests a reciprocal relationship between pain and sleep (see Smith & Haythornthwaite, 2004), clinical trials of CBT among insomnia patients with chronic pain deliver equivocal results, with some trial outcomes suggesting insomnia-pain linkages (e.g. Vitiello et al, 2007), while others suggest insomnia-pain independence (Ashworth et al, 2008). One explanation for these results could be the inadequate control of variables which could mediate insomnia-pain relationships, particularly depression and (trait) anxiety. In a secondary analysis of data from a randomised controlled trial of CBT-I for hypnotic drug dependent chronic pain patients, good outcomes in relation to symptoms of depression and anxiety. Of 209 patients randomly assigned to the CBT-I or ‘treatment as usual’ (TAU) arms of a pragmatic trial, 137 (69 CBT-I & 68 TAU) completed baseline and 3 month follow-ups (which included the PSQI & SF-36 assessments). Participants scoring above or below the median SF-36 pain dimension score at baseline were categorised as “lower pain” or “higher pain” respectively. Participants were then analysed in a repeated measures ANOVA, with time (baseline; follow-up) as within subject, and groups (CBT-I; TAU), pain severity (higher; lower) and HADS (Anxiety/Depression) scores as between subject factors. The results reveal a trend towards improved pain outcomes, with the 23 patients at baseline showing a reduction in reported pain at 3 month follow-up. These changes however were not independent of mood.


Clinical Roundtable 3 - Session will run between 9.00 – 11.15 with a coffee break
Lecture Theatre F21, Psychology Department
How Can We Provide Practical and Effective CBT with an Interpreter Present? Examples of Working with Post Traumatic Stress Disorder - change in presenters
Convenor & Chair: Patricia d’Ardenne, East London NHS Foundation Trust, UK
Authors: d’Ardenne, P., Farmer, E., Scott, C., Hauenstein Swan, A., & Wilson, N., East London NHS Foundation Trust, UK
Patricia d’Ardenne, East London NHS Foundation Trust, UK
Alison Hauenstein Swan, East London NHS Foundation Trust, UK
Carleen Scott, East London NHS Foundation Trust

Symposium 61 - change in presenter
Lecture Theatre 4, Appleton Tower
Worry and Obsessive Compulsive Disorder in Childhood: Children are Just Small Adults Aren’t They?
Convenor: Charlotte Wilson, University of East Anglia, UK
Chair: Sam Cartwright-Hatton, University of Manchester, UK
14.50 Thought control strategies, meta-cognition and OCD symptoms in adolescents
Charlotte Wilson, University of East Anglia, UK

Symposium 62 - change in order of presentations
Lecture Theatre 2, Appleton Tower
Investigating Treatment Efficacy in Eating Disorders: Outcomes and Moderators
Convenor: Michelle Lee, University of Reading, UK
Chair: Tracey D Wade, Flinders University, Australia – change in chair
13.30 Victoria Mountford, St. Georges, University of London
13.55 Roz Shafran, University of Reading, UK
14.20 Coffee
14.40 Tracey D Wade, Flinders University, Australia
15.05 Rebecca Murphy, University of Oxford, UK

Dr Jacqueline Persons
University of California, USA
Case Formulation-Driven Cognitive-Behavior Therapy
Chair: Rob Dudley, Newcastle University & Northumberland, Tyne and Wear Mental Health NHS Trust, UK – change in chair
Lecture Theatre 5, Appleton Tower