Symposium 22 - Adult Mental Health - Streatham Court TL D

Developments in Understanding Severe Health Anxiety: The Potential Applicability of Mindfulness-based Cognitive Therapy (MBCT) to Treating Health Anxiety

Convenor: Freda McManus, Oxford University; Oxford Cognitive Therapy Centre
Chair: Margret Hovanec, Lupina Foundation

9.00 Introduction
9.05 A randomised controlled trial of MBCT for severe health anxiety (hypochondriasis): Interim results
Freda McManus, Oxford University; Oxford Cognitive Therapy Centre
9.30 What has mindfulness got to offer people with health anxiety?
Christina Surawy, Oxford University; OBMH NHS Trust
9.55 Coffee
10.10 A qualitative (IPA) study of clients’ experiences of Mindfulness-Based Cognitive Therapy (MBCT) for health anxiety
Matthew Williams, Oxford University
10.35 Intrusive imagery in health anxiety: Nature, prevalence, links to memory and response to MBCT treatment
Kate Muse, Oxford University
11.00 Discussant: Ann Hackmann, Oxford University

Symposium 23 - Adult Mental Health - Newman LT F

The Methodology is the message: New advances in understanding and treating OCD

Convenor: Adam Radomsky, Concordia University, Canada

9.00 Cognitive process predictors of clinical outcome in OCD
Kieron O’Connor, Fernand-Seguin Research Centre, Canada
9.25 Predictors and Mediators of Physical and Mental Fears of Contamination: The influence of individual differences
Corinna Elliot, Concordia University, Canada
9.50 The effect of attention training on a behavioral test of contamination fears in individuals with obsessive-compulsive symptoms
Hannah Reese, Harvard University, USA
10.15 Coffee
10.30 Remember a time when you have been harmed, humiliated, or betrayed: The experimental induction of mental contamination
Anna Coughtry, Reading University
10.55 Discussant: Sabine Wilhelm, Harvard Medical School

Symposium 24 - Adult Mental Health - Newman LT B

Cognitive Processes Involved in the Development and Maintenance of Posttraumatic Stress Disorder: Developments in Basic and Clinical Research

Convenor & Chair: Laura Jobson, University of East Anglia

9.00 The manipulation and assessment of trauma symptoms induced by traumatic films
Marcella L Woud, Radboud University, Netherlands
9.20 Modulation of Flashbacks in the Aftermath of Trauma: An Experimental Approach using Cognitive Tasks
Catherine Deeprose, University of Oxford
9.40 The Nature of Traumatic Memories in Acute Stress Disorder in Children and Adolescents
Claire Salmond, Institute of Psychiatry, London
10.00 Coffee
10.20 Impact of Culture on Cognitive Processes involved in PTSD
Symposium 25 - Behavioural Medicine - Newman LT C

New Developments in Antenatal and Postnatal Mental Health
Convenor: Heather O'Mahen, University of Exeter
9.00  Why is perinatal mental health important? Some of the evidence
Susan Pawlby, Institute of Psychiatry, King's College London
9.20  Obsessive Compulsive Disorder (OCD) in pregnancy and the postpartum – investigating the onset, course, treatment and the impact on parenting and infant outcomes
Fiona Challacombe, Institute of Psychiatry, King's College London
9.40  Attentional processing of infant emotion during pregnancy and how it is related to depressive symptoms and mother-infant bonding
Rebecca Pearson, University of Bristol
10.00 Coffee
10.20 An uncontrolled trial of CBT in the antenatal and postnatal period
Heather O'Mahen, University of Exeter
10.40 A brief cognitive behavioural video-feedback intervention to promote positive outcomes for mothers and their infants
Rachel Mycroft, South London and Maudsley Trust

Symposium 26 - Basic Processes - Streatham Court LT A

Clinical Applications of Imagery
Convenor: Lusia Stopa, University of Southampton
9.00  Imagery interventions in Cognitive Therapy
Lusia Stopa, University of Southampton
9.20  The frequency, duration and content of imagery during worry in clients in treatment for Generalised Anxiety Disorder
Sarra Hayes, Institute of Psychiatry, King's College London
9.40  Updating negative images linked to the past in social phobia: A one session intervention
Jennifer Wild, Institute of Psychiatry, King's College London
10.00 Coffee
10.20 The Uses and Fears of Compassionate Imagery in psychotherapy
Paul Gilbert, University of Derby
10.40 Imagery Modification in Eating Disorders: A Clinical Protocol
Myra Cooper, Warneford Hospital, Oxford

Symposium 27 - Child and Adolescent Mental Health - Queen’s LT 2

Preventive and Early Interventions with Children and Young People: School Based and Computer Assisted CBT
Convenor & Chair: Paul Stallard, University of Bath
9.00  Promise - school based CBT for the prevention of depression in adolescents
Rhiannon Buck, University of Bath
9.25  The effects of a universal anxiety programme (FRIENDS) for children on symptoms of anxiety and cognitions
Kate Fleetwood, Oxford University
9.50  Coffee
10.10 Fun FRIENDS - A targeted early intervention for children and their parents
Lucy Hubbard, Avon and Wiltshire Mental Health NHS Trust
10.35 The use of computerised CBT with children and young people: The think, feel, do programme
Symposium 28 - Eating Disorders and Impulse Control - Queen’s LT 1

Compulsive Buying: Key Clinical Features and Cognitive-behavioural Treatment

Convenor & Chair: Stephen Kellett, University of Sheffield

9.00 Compulsive buying; cognitive behavioural formulation
Paul Carter, Barnsley PCT

9.25 Understanding compulsive buying; the lived experiences of women as addictive consumers
Sue Eccles, University of Bournemouth

9.50 Coffee

10.10 The treatment of compulsive buying using cognitive behavioural therapy
Stephen Kellett, University of Sheffield

10.35 More different than alike; exploring heterogeneity amongst compulsive buyers
Kate Thornhill, RDASH Mental Health NHS Foundation Trust

Symposium 29 - New Developments - Streatham Court LT C

Beyond Happiness: Positive Emotions in Theory and Therapy

Convenor: Kim Wright, University of Exeter

9.00 If It Feels Good, Do What? Developing an Inventory of Responses to Positive Feeling States
Kim Wright, University of Exeter

9.20 Positive Emotions in Bipolar Disorder
Mick Power, University of Edinburgh

9.40 Using Polyvagal Theory to Guide New Emotion Regulation Strategies
Thomas Lynch, University of Exeter

10.00 Coffee

10.20 Authenticity and Well-being
Alex Wood, University of Manchester

10.40 Decentering through the application of compassionate mind strategies
Ian Lowens, Salford Early Intervention team, Greater Manchester West Mental Health NHS Foundation Trust

Symposium 30 - Psychosis - Newman LT E

Group CBT for Psychosis: Lessons Learnt From Qualitative Analyses

Convenor: Wendy Turton, Hampshire Partnership Trust
Chair: Laura Dannahy, Hampshire Partnership Trust

9.00 Responding mindfully to distressing psychosis: A grounded theory analysis
Nicola Abba and Paul Chadwick, Hampshire Partnership Trust/University of Southampton

9.25 Group Person Based Cognitive Therapy for voices: views from the hearers
Mark Hayward, University of Surrey & Sussex Partnership NHS Foundation Trust

9.50 Coffee

10.10 Voices groups for young people : Using qualitative data to understand the meaning and context of voice hearing and change during group CBT.
Elizabeth Newton, North Warwickshire Early Intervention Service

10.35 Addressing stigma and low self-esteem: The relevance of qualitative research in the design of group CBT for people with psychosis
Matthew Knight, Institute of Psychiatry & Berkshire Healthcare NHS Foundation Trust

Symposium 31 - Therapeutic Techniques - Newman LT A

An Emerging Empirical Basis for the Use of Formulation (Pt 1)
Convenor: Victoria Oldfield, Institute of Psychiatry, King's College London
Chair: Michael Zivor, Institute of Psychiatry, King's College London
9.00  **Is the Heart Pumping? A survey of clinician’s use and understanding of formulation in clinical practice**  
Victoria Oldfield, Institute of Psychiatry, King's College London
9.25  **Does training improve formulation skills in Cognitive Behavioral Therapy for Obsessive Compulsive Disorder?**  
Michael Zivor, Institute of Psychiatry, King's College London
9.50  **The Conceptualization Rating Scale (CRS): Further Psychometric Data and Links between Therapist Competence and Treatment Planning**  
Michael Easden, Massey University, New Zealand, and Nikolaos Kazantzis, La Trobe University, Australia
10.15 Coffee
10.35  **The map and the navigator: evaluating the content and quality of CBT case conceptualisations in novice CBT practitioners**  
Beverley Haarhoff, Massey University, New Zealand
11.00 Discussant: Willem Kuyken, University of Exeter

Panel Debate 3 - Training and Professional Issues - Amory Moot Room

**High Intensity Training: Lessons Learned From Year One**
Convenor: Roz Shafran, University of Reading, and Robert Dudley, Newcastle University
Speakers:  
Rod Holland, BABCP Workforce Group and West London Mental Health Trust  
Sheena Linx, Institute of Psychiatry, King's College London  
Ann Gledhill, University of Exeter  
Laurie Bryant, Service user  
Paul Farrand, University of Exeter

Open Papers 5 - Adult Mental Health - Streatham Court LT B

**Experimental Approaches to the Understanding of Psychological Disorders**
Chair: Phillip Spinhoven, Leiden University, NL
9.00  **Characteristics, Appraisals and Cognitive Strategies used to manage Intrusive Memories in Depression: Results from a Community Sample**  
Jill Newby, University of New South Wales, Australia
9.25  **Reduced specificity of autobiographical memory in Cluster C personality disorders and the role of depression, worry and experiential avoidance**  
Philip Spinhoven, Leiden University, NL
9.50 Coffee
10.10  **An investigation into the experience of self-conscious emotions in individuals with bipolar disorder, unipolar depression, and non-psychiatric controls**  
Julie Highfield, Universities of Coventry and Warwick, Coventry and Warwickshire Partnership NHS Trust
10.35  **Are defeat and entrapment best defined as a single construct?**  
Peter Taylor, University of Manchester

Open Papers 6 - Basic Processes - Newman LT D

**Investigating Intolerance of Uncertainty**
Chair: Jackie Rodgers, University of Newcastle
9.00  **Intolerance of Uncertainty: Underlying processes and possible implications**  
Jackie Rodgers, University of Newcastle
9.25  **What is in inside the Intolerance of Uncertainty Scale?**  
Pablo Romero Sanchiz, University of Malaga
9.50 Coffee
10.10  **Situational and trait intolerance of uncertainty: similarities or differences?**  
Jane Birril, University of Newcastle
10.35  **Investigating the role of intolerance of uncertainty in young children’s worry**  
Sarah Walker, University of Newcastle
9.00 - 11.30

In-Conference Workshops

Workshop 4
Understanding and Enhancing Patient Control with the Method of Levels
Tim Carey, University of Canberra, Australia
Queens Room 1B

Workshop 5
Body Checking, Body Avoidance, and Feeling Fat
Christopher Fairburn, University of Oxford
Queens Room D

Workshop 6
Systematic implementation of IAPT supervision
Derek Milne, Newcastle University, and David Richards, University of Exeter
Queens Room E

Workshop 7
The therapy relationship in CBT: practical skills
Louise Waddington, Cardiff and Vale NHS Trust & John Manley, Lambeth IAPT
Queens Room F

11.30 - 12.30

Keynote Speakers

Newman LT A
Professor Terry Wilson, Rutgers University, USA
Chair: Christopher Fairburn, University of Oxford
Evidence-based Psychological Therapies: Progress and Pitfalls

Queen’s LT 2
Professor Paul Stallard, University of Bath
Chair: Cathy Cresswell, University of Reading
Preventive Cognitive Behaviour Therapy in Schools: Issues, Challenges and Future Directions

Newman LT E
Associate Professor Sabine Wilhelm, Harvard Medical School
Chair: David Veale, Institute of Psychiatry, King’s College London
Beauty and the Beast: The Nature and Treatment of Body Dysmorphic Disorder

Streatham Court LT A
Professor Willem Kuyken, University of Exeter
Chair: Robert Dudley, Northumberland, Tyne and Wear NHS Trust
Case Conceptualisation: Working Effectively with Clients in Cognitive Behaviour Therapy

12.30-13.30

Queen’s Room D
Control Theory: Special Interest Group Meeting
Queen’s Room E
BAFA: Special Interest Group Meeting

Queen’s Room F
Trainers and Training: Special Interest Group Meeting

13.00 - 18.00

Poster Session 2 - Peter Chalke Exhibition Hall

**Adult Mental Health**

1. Sharon Collins, Healthy Minds Buckinghamshire Primary Care MH Service IAPT
   *Applying competencies to Low Intensity Interventions*

2. Joanna Stace, Northumberland Tyne and Wear NHS Trust and Newcastle University
   *An action-research investigation into a Cognitive Behavioural Therapy in-house training programme*

3. Tracey Newell, University of Southampton
   *Impaired Visual Spatial recall in Post-traumatic Stress Disorder*

4. Shona Tritt, Concordia University
   *The Relationship between Generalized Anxiety Disorder, Depressive Personality Disorder, Intolerance of Uncertainty, and Automatic Positive Thoughts*

5. Angeline Dharmaindra, Institute of Psychiatry, King's College London
   *Illness perceptions as a predictor of subsyndromal symptoms in Bipolar disorder*

6. Maria Day, University of Southampton
   *Adult attachment and social anxiety: The mediating role of a negative self-concept*

**Behavioural Medicine**

7. Ruxandra Ion, Behavioural Cognitive Psychotherapy Unit, Springfield University Hospital
   *Clinical conditions other than mental health related present in patients with severe Obsessive Compulsive Disorder*

**Basic Processes**

8. Dr Yoshinori Sugiura, Hiroshima University
   *Psychopathic trait and altered risk perception: Role of looming vulnerability and attentional control*

9. Abbie Littlewood, University of Leeds
   *The influence of self-criticism on actual and perceived performance in problem-solving and reasoning*

10. Céline Douilliez, University of Lille 3
    *Validation of the French version of the Cambridge Exeter Rumination Thinking Scale*

11. Naomi Koerner, Ryerson University
    *Quality of Exposure Script as a Predictor of Changes in Worry and Worry-Related Cognitive Processes Following Written Exposure*

**Child and Adolescent Mental Health**

12. Liv Kleve, Avon and Wiltshire mental health partnership NHS trust
The effectiveness of the Incredible Years programme for children with neurodevelopmental disorder and social services involvement in the ‘real world’ of community CAMHS

13. Mayumi Ueno, The University of Tokyo
The characteristics of aggression among Japanese college students with depressive mood - regarding subtypes of depression

Psychosis

Optimizing cognition in patients with schizophrenia - Quetiapine combined with cognitive remediation therapy in schizophrenia

15. Samantha Hartley, The University of Manchester
Anxiety and depression in psychosis: positive psychotic symptom severity, distress, and symptom content

Training and Professional Issues

16. Charles Young, Rhodes University, South Africa
The Transportability of Cognitive Therapy to South African Contexts: A Review

17. Steve Moorhead, Newcastle CBT Centre, Northumberland Tyne and Wear Trust
Therapy Outcomes from a tertiary centre for CBT

18. Sally McVicar, NHS Great Glasgow & Clyde, Glasgow University
Training practitioners in using five areas CBT self-help: SPIRIT in practice

Therapeutic Techniques

19. Jo Roos, University of Manchester
Socialization to the treatment model as a predictor of outcome: Preliminary findings

20. Andrew Bromley, Mood Disorders Centre, University of Exeter
Participants’ Experiences of Mindfulness-based Cognitive Therapy: “It Changed Me in Just about Every Way Possible”

13.30 - 15.45

Symposium 32 - Adult Mental Health - Newman LT F

New Findings Extending the Cognitive Behavioural Understanding of OCD
Convenor: Victoria Bream Oldfield, Centre for Anxiety Disorders and Trauma, Institute of Psychiatry, King's College London

13.30 Cognitive Flexibility in OCD
Hjalti Jonsson, University of Aarhus, Denmark

13.55 Jumping to conclusions or over-conservatism? Reasoning bias and belief conviction in OCD
Pamela Jacobsen, Institute of Psychiatry, King's College London

14.20 “Stopping” criteria in compulsive checking: An investigation into the factors that mediate the termination of compulsive checking in the naturalistic setting
Alice Hooper, Centre for Anxiety disorders and Trauma, Maudsley Hospital, and Institute of Psychiatry, King’s College London

14.45 Coffee

15.00 Responsibility for harm to self versus others in OCD
Catrin Forbes, Institute of Psychiatry, King's College London,

15.25 Discussant: Adam Radomsky, Concordia University, Canada
Symposium 33 - Adult Mental Health - Newman LT B

Borderline Personality Disorder: Linking Basic Science to Clinical Practice
Convenor: Thomas Lynch, University of Exeter
13.30 Emotional Sensitivity and Borderline Personality Disorder
Thomas Lynch, University of Exeter
13.55 Reactivity to Sensory Input in Borderline Personality Disorder
Zach Rosenthal, Duke University, USA
14.20 Coffee
14.35 Influence of Dissociation on Information Processing in Trauma-related Disorders
Petra Ludaescher, Central Institute of Mental Health, Mannheim, Germany
15.00 Behavioral Inhibition System Moderates the Association of Borderline Personality Features with Fear Reactivity in the Laboratory
Alex Chapman, Simon Fraser University, Canada
15.25 Discussion

Symposium 34 - Behavioural Medicine - Newman LT C

The Role of Emotions in Chronic Fatigue Syndrome
Convenor: Trudie Chalder & Katharine Rimes, Institute of Psychiatry, King's College London
13.30 Introduction - Trudie Chalder
13.40 The Beliefs about Emotions Scale (BES): Validity, Reliability and Sensitivity to Change
Katharine Rimes, Institute of Psychiatry, King's College London
14.00 Emotional expression, self-silencing and distress tolerance in chronic fatigue syndrome
Dave Hambrook, Royal Holloway University of London
14.20 Coffee
14.40 The role of acceptance in chronic fatigue syndrome
Julie Brown
15.00 An exploratory fMRI study on the experience of fatigue and anxiety in CFS patients
Xavier Caseras
15.20 Discussant - Trudie Chalder, Institute of Psychiatry, King's College London

Symposium 35 - Basic Processes - Queen’s LT 2

New Developments in Cognitive Bias Modification (CBM): Memory, Depression, Worry and Anxiety
Convenor & Chair: Bundy Mackintosh, University of East Anglia and MRC Cognition and Brain Sciences Unit
13.30 The contribution of attentional bias to worry: Distinguishing the roles of engagement bias and disengagement bias using an attentional bias modification approach
Colette Hirsch, Institute of Psychiatry, King's College London
13.55 Retrospective influences of interpretation training on memory for prior interpretations
Elske Salemink, University of Utrecht, Netherlands
Excellence Award Winner, Edinburgh 2008
14.20 Coffee
14.40 Reducing Depressive Intrusions Using Computerized Cognitive Bias Modification of Appraisals Task
Catherine Deeprose, University of Oxford
15.05 Cognitive bias modification: improving the effectiveness of interpretive bias training
Laura Hoppitt, University of East Anglia

Symposium 36 - Child and Adolescent Mental Health - Queen's LT 1
# New Developments in the Treatment of Childhood Anxiety (2)

Convenor & Chair: Shirley Reynolds, University of East Anglia

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| 13.30 | The treatment of Child Anxiety Disorder in Primary Care via Guided CBT Self-Help: A feasibility study  
Cathy Creswell, University of Reading          |
| 13.50 | Family accommodation of paediatric obsessive-compulsive disorder       
Caroline Stokes, South London and Maudsley, London |
| 14.10 | Coffee                                                                   |
| 14.30 | A randomised controlled trial of a new parenting-based intervention  
Sam Cartwright-Hatton, University of Manchester |
| 15.10 | Cognitive behavioural therapy, sertraline, or a combination in the acute  
treatment of childhood anxiety disorders: Results of a randomized controlled trial  
Anne-Marie Albano, Columbia University Medical Centre, USA |
| 15.30 | Secondary outcomes, safety, and 6-month outcomes for youth in the CAMS trial  
Anne-Marie Albano, Columbia University Medical Centre, USA |

## Symposium 37 - Eating Disorders and Impulse Control - Streatham Court LT D

**Cruel Reflections: New Advances in Research on Body Dysmorphic Disorder**

Convenor: Sabine Wilhelm, Harvard Medical School, USA

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| 13.30 | The meaning of beauty: Implicit and explicit self-esteem and attractiveness beliefs in body dysmorphic disorder  
Ulrike Buhlman, Humboldt University, Berlin, Germany |
| 13.55 | Information Processing Biases in Body Dysmorphic Disorder  
Hannah Reese, Harvard University, USA |
| 14.20 | Imagery, self-portraits and rescripting in Body Dysmorphic Disorder  
David Veale, Institute of Psychiatry, King's College London, UK |
| 14.45 | Coffee                                                                   |
| 15.05 | The use of Task Concentration Training in treating BDD  
Sandra Mulkens, Maastricht University, the Netherlands |
| 15.30 | Discussant: Sabine Wilhelm, Harvard Medical School, USA                |

## Symposium 38 - New Developments - Streatham Court LT B

**Believing is seeing: Reasoning and Imagination in Dissociative Experience**

Convenor: Kieron O'Connor, Fernand-Seguin Research Centre, Montreal, Canada

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| 13.30 | Obsessive compulsive disorder and the simulation of future negative events  
Georgina Smith, Royal Holloway University of London |
| 13.55 | Obsessive compulsive disorder: A disorder of the imagination?  
Frederick Aardema, Fernand-Seguin Research Centre, Montreal, Canada |
| 14.20 | Coffee                                                                   |
| 14.40 | Reasoning and imagination in obsessions and delusions  
Kieron O'Connor, Fernand-Seguin Research Centre, Montreal, Canada |
| 15.05 | Shadowlands: Absorption in imaginary possibilities in OCD  
Jan van Niekerk, Fulbourn Hospital, Cambridge |

## Symposium 39 - New Developments - Streatham Court LT C

**Positive Functioning and Clinical Distress**

Convenor: Alex Wood, University of Manchester

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<tr>
<td>13.30</td>
<td>Introduction, Alex Wood, University of Manchester</td>
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| 13.45 | Gratitude and Well-being  
Alex Wood, University of Manchester |
| 14.10 | Let’s not run before we can walk: Exploring the potential for gratitude interventions in self-directed therapy  
Adam Geraghty, University of Plymouth |
| 14.35 | Coffee                                                                   |
14.55 How are the positive behaviours of others appraised by psychosis-prone individuals?  
Gary Lee, University of Manchester

15.20 Resilience to suicide: The role of positive appraisals  
Peter Taylor & Judith Johnson, University of Manchester

Symposium 40 - Older Adults - Newman LT D

Cognitive Behavioural Developments with Older Adults

Convenor: Ken Laidlaw, University of Edinburgh

13.30 What Constitutes Competent CBT with Older People?  
Ian James, University of Newcastle upon Tyne

13.55 IAPT meets the Dementia Strategy: CBT with a shame and compassion focus supporting the early diagnosis of the pre symptomatic stage of vascular dementia in populations aged 50 plus  
Gwynn Higginson, North Staffordshire Combined Healthcare

14.20 Coffee

14.40 Cognitive Stimulation Therapy for people with dementia  
Aimee Spector, University College London

15.05 Using Gerontological theories as Vehicles for Change in CBT for Late Life Depression  
Ken Laidlaw, University of Edinburgh

Symposium 41 - Psychosis - Newman LT E

Cognitive Therapy for People at Risk of Developing Psychosis: New Perspectives and Implications for CBT for Psychosis

Convenor: Tony Morrison, University of Manchester

13.30 Young people at risk of psychosis: A user-led exploration  
Rory Byrne, Service user researcher, Greater Manchester West Mental Health Foundation Trust, and University of Manchester

13.55 Is there a role for a specialised early detection teams?  
Samantha Bowe, Greater Manchester West Mental Health Foundation Trust

14.20 Coffee

14.40 Emotional difficulties in young people at risk of psychosis  
Kat Brunet, University of Birmingham

15.05 Free your mind; and your ass will follow: Cognitive Therapy for first-episode psychosis  
Tony Reilly, Norfolk Early Intervention Service

Symposium 42 - Training and Professional issues - Streatham Court LT A

Is There an Evidence-base to Guide CBT Supervision?

Convenor & Chair: Derek Milne, Newcastle University

13.30 The evidence-base for CBT supervision: Systematic reviews of the empirical literature  
Derek Milne, Newcastle University

13.50 The evidence-base for CBT supervision: evaluation of IAPT supervision  
David Richards, University of Exeter

14.10 The evidence base for CBT supervision: N=1  
Ian James, Newcastle General Hospital

14.30 Coffee

14.50 The evidence-base for CBT supervision: Group studies of different CBT supervision methods  
Mark Latham, University of York

15.10 The evidence-base for CBT supervision: the development of the SAGE scale for rating competence  
Robert Reiser, Pacific Graduate School of Psychology, USA

15.30 Discussant: Michael Townend, Derby University
Symposium 43 - Therapeutic Techniques Newman LT A

An Emerging Empirical Basis for the Use of Formulation (Pt 2)
Convenor & Chair: Robert Dudley, Newcastle University
13.30 Case Conceptualization in “Real World” Practice
Willem Kuyken, University of Exeter
13.55 Rate of agreement and quality of CBT conceptualisations of depression
Robert Dudley, Newcastle University
14.20 Testing the Validity of a Cognitive-Behavioural Case Formulation: A Two-Stage Approach
Greg Mumma, Texas Tech University, USA
14.45 Coffee
15.00 CBT conceptualisations as a basis for treatment planning: the effects of expertise and experience
Barry Ingham, Northumberland Tyne and Wear Mental Health NHS Trust
15.25 Discussant: Melanie Fennell, Oxford University

Panel Debate 4 - Therapeutic Techniques - Amory Moot Room

Having Your Cake and Eating It: Integrating Therapist and Therapy Effects to Maximise Clinical Outcomes
Convenor: John L. Taylor, Northumbria University and Northumberland, Tyne and Wear
Speakers: NHS Trust and Roz Shafran, Reading University
David M Clark, Institute of Psychiatry, King’s College London
Michael Barkham, University of Sheffield
Peter Fonagy, University College London
Terry Wilson, Rutgers University, USA

Open Papers 7 - Therapeutic Techniques - Queen’s Room 4

Innovation in Therapeutic Interventions and Delivery
Chair: Tim Carey, University of Canberra, Australia
13.30 In control: An examination of the role of control in the formulation and treatment of psychological problems
Tim Carey, University of Canberra, Australia
13.55 Cognitive Behavioral Therapy for comorbid anxiety disorders in children and young people with high-functioning Autism Spectrum Disorders: where we are now and where we want to go in research and clinical practice
Iliana Magiati, National University of Singapore
14.20 Coffee
14.40 Interdisciplinary approaches to treatment of obesity: the role and need of CBT
Anna Baker, London Metropolitan University
15.05 A naturalistic investigation of the effectiveness of the Method of Levels
Tim Carey, University of Canberra, Australia

13.30 - 16.00

In-Conference Workshops

Workshop 8

Treating patients with profound, chronic, refractory obsessive-compulsive disorder
Lynne Drummond, South West London and St George’s Mental Health Trust
Queens Room D

Workshop 9

Using behavioural experiments and surveys in CBT for people with eating disorders
Workshop 10

**Working with interpreters whilst using CBT: Rationale, Approach and Key Skills**
Pat Eschoe and Linda Matthews, Barnsley Primary Care NHS Trust
Queens Room F

16.00 -17.00

Keynote Speakers

**Streatham Court LT A**
Dr Kieron O'Connor, University of Montreal, Canada
Chair: Adam Radomsky, Concordia University, Canada
Reasonable Doubt: Addressing Reasoning Processes in OCD and other Belief Disorders

**Newman LT E**
Dr Ken Laidlaw, University of Edinburgh
Chair: Shirley Reynolds, University of East Anglia
An Empirical Review of Cognitive Behaviour Therapy for Late-life Depression: Past, Present and Future

**Newman LT A**
Professor Lord Richard Layard, London School of Economics and Political Science
Chair: Laurie Bryant, Service-user
Making Psychological Therapies a National Priority

16.15 - 17.15

**Queen’s Room D**

**Condition Management and Occupational Health: Special Interest Group Meeting**

17.00-18.00

**Queen’s Room E**

**Medicine in CBT: Special Interest Group Meeting**

*Evening Social Event - Gala Dinner, Great Hall*